Lesson: Interpersonal Skills

Names: Abigail Daniel, Jess Taylor, Matthew Dupuis, Jade Lipczynski, Isabelle Thamm

Time: 75 minutes

Grade 11: Designing your Future **Subject:** Career and Guidance

Strand: Interpersonal Knowledge and Skills

Curriculum Expectations:

Overall:

- demonstrate interpersonal and teamwork skills required for success in their school, work, and community activities

Specific:

 identify and describe the interpersonal skills (e.g., using active listening, showing mutual respect, using non-verbal language) and teamwork skills (e.g., building consensus, encouraging and recognizing contributions) that contribute to success in postsecondary education/training and employment

Materials:

- PowerPoint
- Teamwork Handout Student Copy
- Self-Assessment
- Interpersonal Skills Rubric

Learning Goals

- Define and recognize key interpersonal skills.
- Understand the significance of interpersonal skills in education and employment.
- Identify and describe teamwork skills.
- Apply teamwork skills in practical scenarios.
- Practice interpersonal skills in activities.
- Reflect on teamwork benefits in various aspects of life.

Success Criteria

- Students can accurately define, explain, and apply key interpersonal skills and teamwork skills.
- Students can effectively demonstrate critical thinking and decision-making skills as a team.
- Students can articulate the importance of these skills in postsecondary education, training, and employment.
- Students reflect on the benefits of teamwork, providing thoughtful insights into how collaboration enhances various aspects of life.
- Students effectively communicate their ideas, both verbally and in writing, showcasing their understanding of the benefits of teamwork.

Lesson Development:

Hook (10 minutes)

- Introduction Activity: Word Wars
 - To begin class, the words "INTERPERSONAL SKILLS" will be written on the board. In small teams of 3-4 students, group members will work together to create as many English language words as possible that can be created from the available letters. Students will practice listening to, while developing respect for, their peers who are speaking, as well as refine their teamwork skills.
 - o **Possible Words** (discourage 2 letter words): not, tea, kit, ski, salt, late, tall, tails, sonar, plate, strike, points, assist, sprints, trainer, raisins, etc.

Main Lesson (60 minutes)

- **Lesson Time** (25 minutes): students will learn about effective teamwork and leadership characteristics, as well as...
- Activity Time (35 minutes): students will receive a handout "team survival scenario" that details a scenario where the group is stranded on a deserted island, and they must work together to come up with the 12 most resourceful items to have with them. This activity will draw on the ideas learned in class, deepen teamwork skills while practicing their interpersonal skills.
 - Survival Scenario: You and your five closest friends won a week-long cruise in the Pacific Ocean as part of a radio contest! You all boarded the S.S. Super Clipper for a relaxing luxury cruise when you encountered a bad storm, and the ship partially sank—in the morning, only the top was still visible off the north tip of the island you now found yourself stranded on. The storm basically ruined most things on board, leaving very few useful items and you are all now stranded on an uninhabited island in the middle of the Pacific Ocean. Your task is to choose the 12 most useful items to help you survive on this deserted island.
 - First, write a list of 12 items on the back of this sheet of paper that you would individually like to have on hand to survive on the island.
 - Next, work with your team to create a master list of items to choose from.
 - Your next task is to work together with your team to come up with a list of the 12 most important items you feel would help the group survive on this island for the next 6-12 months.
 - Rate the final list of 12 with 1 being the most important item through 12 being the least important item on your list (i.e., one item you may wish to have on hand is matches or a lighter).
- After the activity the teacher will comment on how these skills practiced in today's lesson can be
 used at work, in school and in our personal lives next time you're in one of these spaces try to
 think about what skills you thrive at and which ones you need to work on!
- If time permits, the teacher can also mention how different requires require heavy focus on particular interpersonal skills, while other careers may require different interpersonal skills
 - o Ex. Communication is important in any job type (verbal, written)
 - Ex. Teamwork is less important in a security guard (in some cases) while it is crucial in market research or teaching

Conclusion (5 minutes)

- Questions:
 - Reflect on the Team Survival Scenario and moments where effective interpersonal skills positively impacted your group's decision-making.
 - What skill was demonstrated and what was its impact on the overall outcome?
 - Consider the benefits of teamwork discussed in the lesson.
 - What benefit resonated with you the most?
 - How do you plan to use this benefit in your future academics or professional careers?
- Consolidation: after the lesson and survival activity, students will reflect on the benefits of teamwork.
 - Possible Benefits: Increased performance in work production; a bond or sense of camaraderie; job satisfaction; increased creativity; easier to communicate faster; mentorship or learning from one another; etc.
 - Students can write in bullet points, create a brainstorm map, or write in sentence form to relay their ideas. These discussion points will be used to begin the next class.

Differentiated Instruction

- Provide alternative formats for instructional materials, such as visual aids, audio resources, and written instructions. This allows students to access information in a way that best suits their learning style.
- Utilize flexible grouping strategies during both the Word Wars and Team Survival Scenario activities. Allow students to work in pairs, small groups, or individually based on their comfort level and learning preferences. Monitor and adjust groups as needed to ensure productive collaboration.
- Offer tiered assignments that cater to different skill levels. For instance, during the Team Survival Scenario, provide additional challenges or modifications for students who may need extra complexity or support.
- Break down complex tasks into smaller, manageable steps. For the Team Survival Scenario, provide clear guidelines and checkpoints to support students in developing their master list and prioritizing items effectively.
- Allow students to choose the format for their reflections, such as written responses, visual representations, or verbal reflections. This accommodates diverse learning preferences and encourages creativity in expressing their thoughts.
- Offer alternative assessment options that allow students to showcase their understanding in different ways. This could include presentations, creative projects, or role-playing exercises, ensuring that assessment methods align with various learning styles.
- Provide supplementary resources for students who may need extra support or challenge. This could
 include additional readings, video materials, or interactive online resources that cater to different
 learning paces and styles.

Assessment

- Formative:
 - o Observe and monitor student interactions and contributions during class activities.
 - Engage students in class discussions about their experiences and insights gained from the lesson and the Team Survival Scenario. Evaluate their ability to articulate and share their thoughts in a group setting.
- Self-assessment:
 - Students complete the Teamwork Skills Self-Assessment to reflect on their strengths and areas for improvement in various teamwork skills.

Next Steps

- Encourage students to apply their newly acquired skills in real-world scenarios. This could involve
 participating in extracurricular activities, volunteering, or joining clubs where interpersonal and
 teamwork skills are essential.
- Introduce peer feedback sessions where students can provide constructive input to their peers on their interpersonal and teamwork skills. This promotes a culture of continuous improvement and selfreflection.
- Explore how interpersonal and teamwork skills apply across different subjects. Collaborate with
 other teachers to integrate these skills into various disciplines, reinforcing the idea that these skills
 are transferable and valuable in diverse contexts.
- Integrate the learned skills into upcoming academic projects or assignments. This could involve collaborative research projects, group presentations, or other activities that require effective teamwork and interpersonal communication.
- Provide resources and opportunities for self-directed learning. This could include recommended readings, online courses, or workshops focused on interpersonal and teamwork skill development. Encourage students to take ownership of their continued growth in these areas.

	Level 1	Level 2	Level 3	Level 4
	12.5 - 14.5 pts.	15 – 17 pts.	17.5 - 20 pts.	20.5 - 25pts.
Resources	Resources do not	Resources slightly	Resources enhance	Resources greatly enhance
	enhance student	enhance student	student learning and	student learning and are
ı	learning and are not	learning and are	are helpful in	very helpful in understanding
	helpful in	slightly helpful in	understanding the	the lesson overall.
	understanding the	understanding the	lesson overall.	Resources are very visually
	lesson overall.	lesson overall.	Resources are visually	appealing.
	Resources are not	Resources are slightly	appealing.	
	visually appealing.	visually appealing.		
Content	Content does not	Content slightly	Content reflects the	Content reflects the targeted
	reflect the targeted	reflects the targeted	targeted curriculum	curriculum expectations.
	curriculum	curriculum	expectations. Content	Content is age appropriate
	expectations.	expectations. Content	is age appropriate and	and extremely captivating for
	Content is not age	is slightly age	captivating for the	the expected audience.
	appropriate and	appropriate and	expected audience.	
	captivating for the	captivating for the		
	expected audience.	expected audience.		
Facilitation	Classroom	Classroom	Classroom	Classroom management is
	management is	management is not	management is	fantastic. Students are
	weak. Students are	the best. Students are	moderate. Students	always on task.
	rarely on task.	sometimes on task.	are often on task.	
Presentation	Presentation was	Presentation was	Presentation was clear	Presentation was very clear
	unclear and/or too	somewhat unclear	and at an appropriate	and at an appropriate
	quiet to hear. The	and/or slightly too	volume. The	volume. The presentation
	presentation was	quiet to hear. The	presentation was	was distributed fairly
	distributed unfairly	presentation was	distributed fairly	amongst facilitators and
	amongst facilitators.	distributed slightly	amongst facilitators.	transitions between speakers
	The time of	unfairly amongst	The time limit was	were seamless. The time
	presentation was	facilitators. The time	over/under 3-5	limit was within 3 minutes of
	over/under 10 or	limit was over/under	minutes of the 20	the 20 minute goal.
	more minutes of the	5-10 minutes of the 20	minute goal.	
	20 minute goal.	minute goal.		
Student	Students are	Students are partially	Students are aware of	Students are aware of the
Assessment	unaware of the goal	aware of the goal of	the goal of the task.	goal of the task. The
	of the task. The	the task. The	The assessment and	assessment and marking
	assessment and/or	assessment and/or	marking scheme are	scheme are relevant to the
	marking scheme is	marking scheme is not	relevant to the	content being covered,
	irrelevant to the	entirely relevant to the	content being covered,	causing the grading to be an
	content being	content being covered,	causing the grading to	accurate representation of
	covered, causing the	causing the grading to	be an accurate	student ability to meet the
	grading to be an	be a slightly inaccurate	representation of	given expectation. Different
	inaccurate	representation of	student ability to meet	ways of expressing
	representation of	students' ability to	the given expectation.	understanding are taken into
	student ability to	meet the given		account, leading to a
	meet the given	expectation.		nuanced and fair marking
	expectation.	'		scheme.